

Nanozyme-based electrochemical biosensors for disease biomarker detection

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In recent years, a new group of nanomaterials named nanozymes that exhibit enzyme-mimicking catalytic activity has emerged as a promising alternative to natural enzymes. Nanozymes can address some of the intrinsic limitations of natural enzymes such as high cost, low stability, difficulty in storage, and specific working conditions (*i.e.*, narrow substrate, temperature and pH ranges). Thus, synthesis and applications of hybrid and stimuli-responsive advanced nanozymes could revolutionize the current practice in life sciences and biosensor applications. On the other hand, electrochemical biosensors have long been used as an efficient way for quantitative detection of analytes (biomarkers) of interest. As such, the use of nanozymes in electrochemical biosensors is particularly important to achieve low cost and stable biosensors for prognostics, diagnostics, and therapeutic monitoring of diseases. Herein, we summarize the recent advances in the synthesis and characterization of common nanozymes and their application in electrochemical biosensor development. After briefly overviewing the applications of nanozymes in non-electrochemical-based biomolecular sensing systems, we thoroughly discuss the state-of-the-art advances in nanozyme-based electrochemical biosensors, including genosensors, immunosensors, cytosensors and aptasensors. The applications of nanozymes in microfluidic-based assays are also discussed separately. We also highlight the challenges of nanozyme-based electrochemical biosensors and provide some possible strategies to address these limitations. Finally, future perspectives on the development of nanozyme-based electrochemical biosensors for disease biomarker detection are presented. We envisage that standardization of nanozymes and their fabrication process may bring a paradigm shift in biomolecular sensing by fabricating highly specific, multi-enzyme mimicking nanozymes for highly sensitive, selective, and low-biofouling electrochemical biosensors.

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1. Introduction

The term “nanozymes” was first introduced by Pasquato and co-workers in 2004 to describe the ribonuclease-like activity of triazacyclononane functionalized gold nanoparticles (NPs) in the transphosphorylation reaction.¹ The definition of nanozymes has been solidified as enzyme-mimicking nanomaterials after the demonstration of the intrinsic peroxidase-like activities of magnetite (Fe₃O₄) NPs in 2007.^{2,3} Since then,

hundreds of nanomaterials have been reported with enzyme-mimicking properties along with diverse applications. Nanozymes have shown considerable advantages over natural enzymes due to their high and tunable catalytic activities, ease of modification, large surface area, low cost, and large-scale production. As such, nanozymes are widely regarded as direct alternatives to natural enzymes. Along with enzyme-mimicking activities, optical, electrical, and magnetic properties of certain nanozymes are ideal for most analytical applications. These characteristics greatly facilitate the integration and automation of multiple processes such as separation and detection procedures of molecular targets with immensely high speed, leading to a decrease in the preparatory steps and required time.^{2,4,5} Fig. 1 summarizes the unique features of nanozymes and their applications in electrochemical sensors.

Tremendous advancements in nanotechnology have contributed significantly to the unprecedented growth and applications of nanozymes. These synergistic advances have led to the development of high-performance and ultra-sensitive platforms, including colorimetric, fluorometric, chemilumines-

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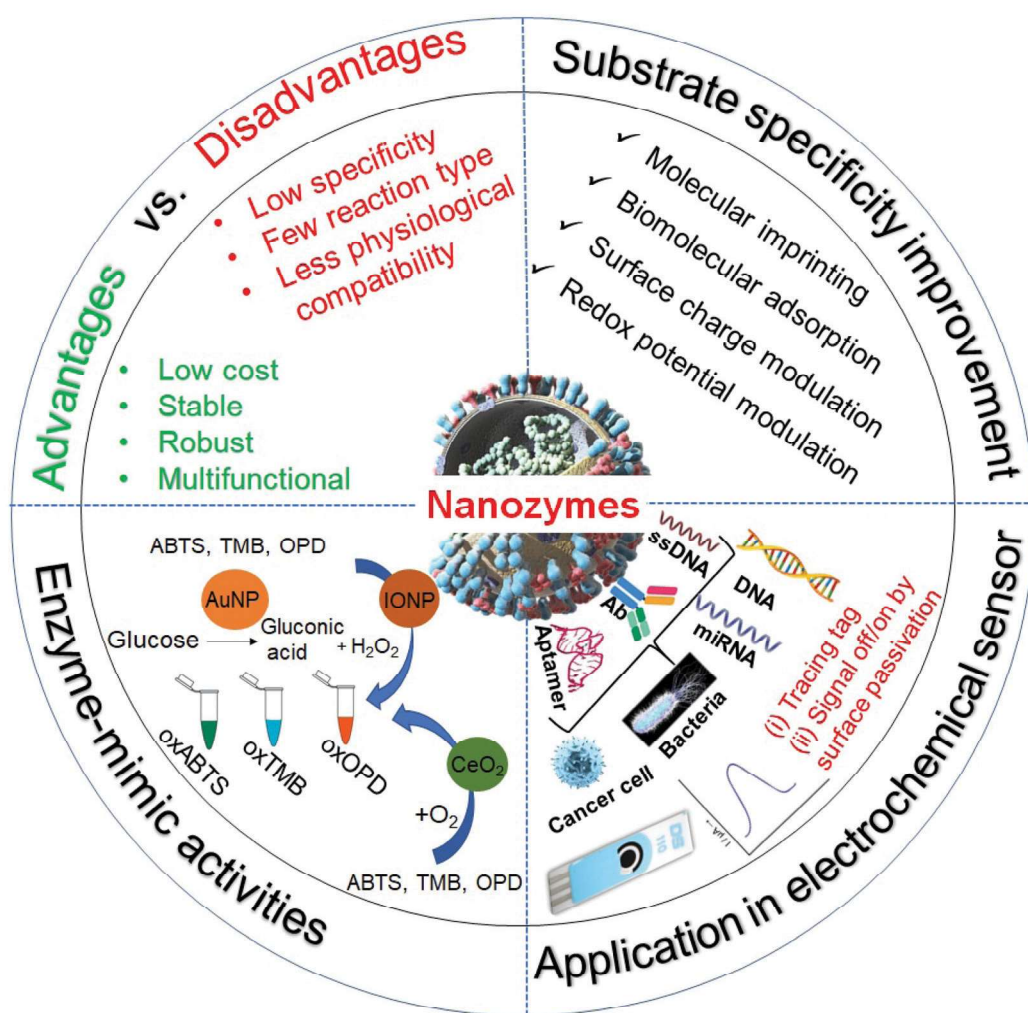


Fig. 1 Schematic presentation of the typical enzyme-mimetic activities of nanozymes, their advantages, and limitations compared to natural enzymes, recommended strategies to improve their substrate specificity, and their applications in electrochemical biosensors.

cent, surface-enhanced Raman scattering, and electrochemical biosensors.⁶ The most common nanozymes used in these sensing systems include metal NPs (e.g., Au NPs,^{7–9} Pt NPs,^{9–13} Pd NPs^{9,14}), metal oxide NPs (e.g., CeO₂ NPs, CuO NPs, BiFeO₃ NPs, CoFe₂O₄ NPs), carbon-based nanomaterials (e.g., carbon nanotubes (CNTs), and graphene oxide (GO)). In general, nanozymes can oxidize a variety of chromogenic substrates (e.g., 3,3',5,5'-tetramethylbenzidine (TMB), 2,2'-azino-bis(3-ethylbenzthiazoline-6-sulfonic acid) (ABTS), 3,3'-diaminobenzidine (DAB), and *o*-phenylenediamine dihydrochloride (OPD)) in the presence of hydrogen peroxide (H₂O₂) and produce a distinguishable color. This concept has already been proven useful to detect not only H₂O₂ but also other biologically relevant molecules like glucose or lactate when it becomes a part of cascade enzymatic reactions or tandem catalysis by a hybrid nanozyme.

A hybrid nanozyme can be made through assembling either glucose oxidase (GOx) or oxidase-like nanozymes on the surface of iron oxide nanozyme or with other peroxidase mimics.^{15–17} In this assembly, oxidase activity is crucial as it

provides peroxidase-like nanozyme with hydrogen peroxide to induce a color change or emit light in colorimetric or fluorescent sensors respectively. Integration of two or more nanozymes could improve the catalytic efficiency by enhancing the proximity effect, *i.e.* the first enzymatic reaction occurs in close (nanoscale) proximity to the second enzyme, thereby overcoming the limitation of diffusion-limited kinetics and intermediate instability.^{17,18} However, reversible surface passivation of pristine noble metal nanozymes with single-stranded DNA (ssDNA) or an aptamer is an excellent way to develop on/off colorimetric sensors.^{19–22} Another intriguing strategy is the use of self-regulated colorimetric sensors that use the nanozyme activity of nanoceria to detect acetylcholinesterase, nerve agents, drugs, and bioactive ions.²³ Several other sensitive colorimetric sensors based on functional nanozymes have also been reported for the detection of biothiols and proteins,²⁴ point-of-care (POC) testing of cocaine,²⁵ and lateral flow immunochromatographic analysis of glycoprotein²⁶ and bacteria.²⁷

In electrochemical biosensors, nanozymes can be used in two ways: (i) as an electrode material for biomarker sensing or

(ii) as a tracing tag for signal amplification. As an electrode material, nanozymes have widely been used to fabricate the third and fourth generations of glucose sensors²⁸ as well as to detect cancer cells.^{29,30} High surface area and high density capture sites of the nanozymes could allow enhanced loading of the electroactive species at their surfaces, resulting in improved electrochemical responses. For example, Wang *et al.* used peroxidase-mimicking graphene-supported ferric porphyrin as a tracing tag for signal amplification in detecting DNA.³¹ A high loading of porphyrin on both sides of graphene oxide (GO) offered an attomolar-order of sensitivity.

Wei *et al.* published a review on nanozymes in 2013.³² Since then, numerous review articles have been published on the synthesis, functions, and applications of nanozymes. For instance, Sun *et al.*³³ reviewed carbon-based nanozymes and their applications for the detection of disease biomarkers. Singh *et al.*³⁴ reviewed the biosensing applications of cerium oxide-based nanozymes. Gao *et al.*¹⁷ discussed the synthesis and applications of Fe₃O₄ and Fe₂O₃ NP-based nanozymes. Biomedical applications of other nanostructured materials as nanozymes have also been covered extensively in the literature.^{5,35–42} Very recently, Huang *et al.*⁴ and Wu *et al.*² discussed the classifications and mechanisms of enzyme-like activities, regulation and control over their activities. They also reviewed the applications of nanozymes in the fields of biomedical and environmental sciences. A recent book has provided an comprehensive overview of materials used for nanozyme synthesis and characterization along with cutting-edge biomedical and environmental applications.⁴³ However, to the best of our knowledge, no review paper is currently available for nanozyme based electrochemical biosensors for the detection of disease biomarkers.

This review covers the classifications, synthesis methods, and current state-of-the-art development of nanozyme-based electrochemical biosensors. We focus on the applications of nanozyme-based electrochemical biosensors for disease biomarker detection published mostly from 2015 onward. We also highlight the challenges associated with nanozyme-based electrochemical biosensors and provide the possible solutions and strategies to address these limitations.

2. Common nanozymes for electrochemical biosensors

Intense research and investigation have been conducted to reveal the nanozyme activities of various nanostructured materials. Until now, several nanomaterials have been reported to have catalytic activities similar to peroxidase, oxidase, catalase, and superoxide dismutase (SOD). Based on the reaction mechanism, nanozymes can be divided into two main families:⁴ (i) the oxidoreductase family and (ii) the hydrolase family. Oxidoreductase nanozymes catalyze the oxidation reaction, where reductants and oxidants work as electron donors and acceptors, respectively. Over the past several years, graphene- and AuNP-based nanozymes have been demonstrated

to possess excellent peroxidase-like activity to catalyze the oxidation of many substrates, such as TMB and ABTS in the presence of H₂O₂.⁴ It has also been shown that other metallic nanoparticles have oxidoreductase activities. For example, Tremel *et al.* reported that MoO₃ nanoparticles work as nanozymes for the oxidation of SO₃²⁻ to SO₄²⁻ under physiological conditions.⁴⁴ On the other hand, hydrolase nanozymes catalyze the hydrolysis reaction by cleaving chemical bonds. In this process, a larger molecule dissociates into two smaller molecules. For instance, gold nanoparticles have widely been used as common hydrolase nanozymes to catalyze hydrolysis reactions.^{45–47}

In terms of the free radical scavenging capability, nanozymes can also be categorized as (i) antioxidants and (ii) pro-oxidants.⁴⁸ In biological systems, the pro-oxidant induces oxidative stress by producing free radicals. For example, the presence of a transition metal can produce the hydroxyl radical (HO[•]) by the Fenton chemistry.⁴⁹ Therefore, certain peroxidase or oxidase involved in the reaction of free radical generation could be regarded as a pro-oxidant.⁴⁸ In contrast, antioxidant nanozymes clean up or scavenge free radicals by using catalase- or SOD-like activities.⁴⁸ SOD-mimetic catalyzes the dismutation of superoxide anions into hydrogen peroxide, which in turn can be converted to molecular oxygen and water through a catalase-like nanozyme. On the other hand, peroxidase-like nanozyme may convert hydrogen peroxide into a hydroxyl-free radical and oxidize, and produce a colored product. Similar colored products may also be produced by oxidase-like nanozymes through direct oxidation of a chromogenic substrate. Fig. 2 summarizes the classification of nanozymes based on both the reaction mechanism and free radical generation/scavenging.

Among the oxidoreductase nanozymes, peroxidase- and oxidase-mimicking nanomaterials are mostly explored for electrochemical biosensors (Table 1). The common nanomaterials with peroxidase mimetics include metal nanoparticles (AuNPs,⁵⁰ PdNPs⁵¹), metal oxides (Fe₂O₃,^{52,53} Au-NPFe₂O₃NCs,^{54,55} Fe₃O₄ MNPs,⁵⁶ CeO₂/NiO,⁵⁷ and CuO⁵⁸), core-shell nanostructures (Au@Pt⁵⁹), dendrites (dealloyed-AuNi@pTBA,⁶⁰ Cu–Co alloy dendrites⁶¹), carbon-based composites (GO-AuNPs,⁶² His@AuNCs/rGO,⁶³ PtNP decorated CNTs⁶⁴), and metal-organic frameworks (MOFs). Unlike other nanomaterials, MOFs have drawn enormous interest as a new class of nanozymes due to their uniform cavities which are likely to provide biomimetic active centers and enzyme-like pseudo-substrate-binding pockets.⁶⁵

3. Synthesis of common nanozymes used in electrochemical biosensors

The peroxidase-like activity of nanozymes is mainly dependent on their surface area to volume ratio (*i.e.*, density of the exposed active sites at the surface of the nanozymes) as well as their affinity towards organic substrates such as TMB and ABTS.² The size,^{8,90} shape,⁹¹ morphology,⁹² compositions, and

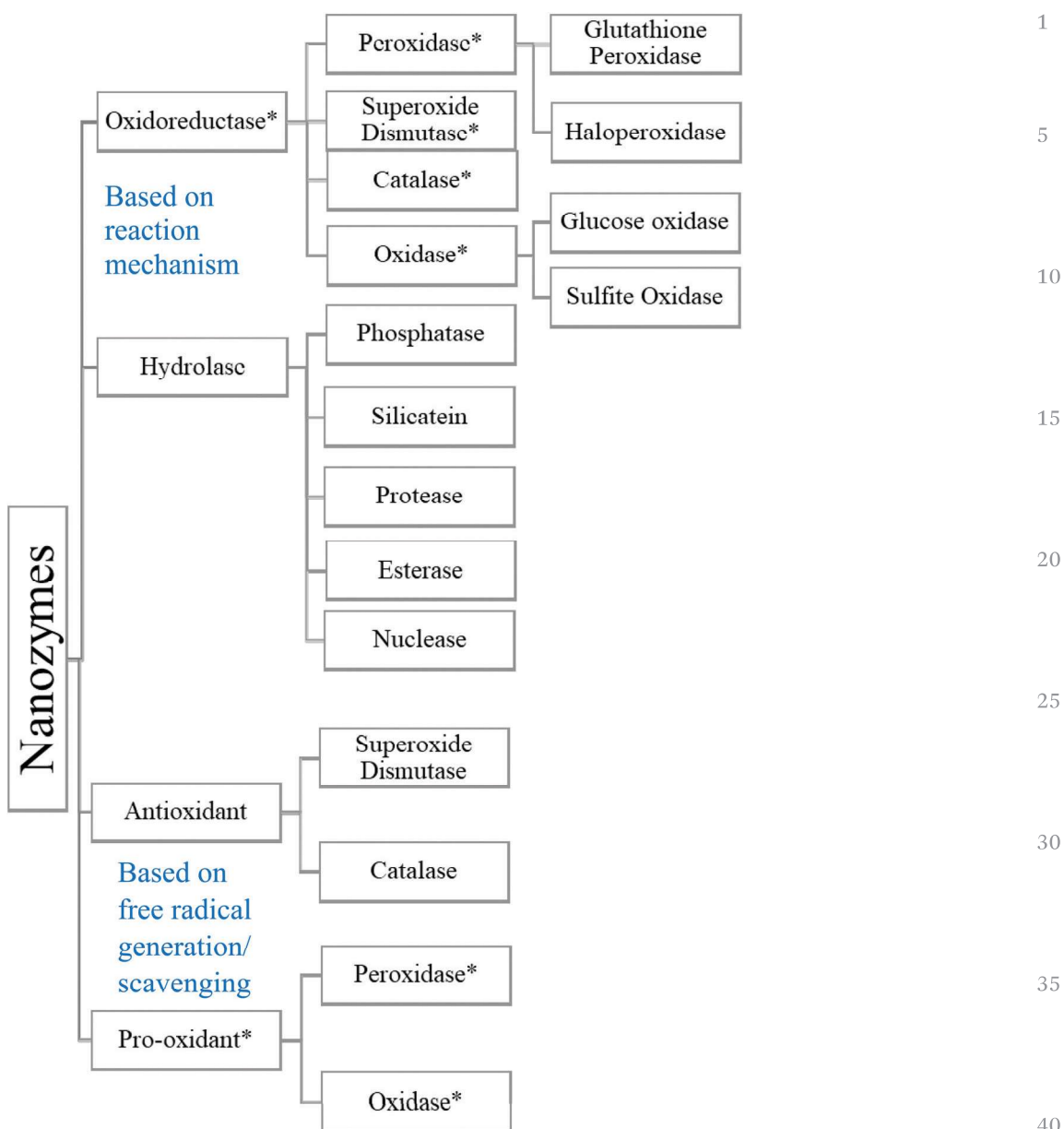


Fig. 2 Classification of nanozymes.^{4,48,49} (*) Mark represents the nanozymes commonly used for electrochemical biosensors.

surface modification groups^{93,94} of nanozymes can also influence their peroxidase-like activities. It is important to note that the size, shape, composition and morphology of the nanostructured materials can be controlled by changing the reaction parameters,^{95,96} precursor amount and volume^{97,98} and selecting appropriate synthetic methods.³

Due to the potential applications of nanozymes in electronics,⁹⁹ therapeutics, optics,¹⁰⁰ catalysis¹⁰¹ and biosensing¹⁰² applications, there has been a demand for the design and synthesis of nanozymes with high peroxidase-like activities. Over the past few years, many attempts have been made to synthesize nanozymes with well-controlled size, shape, spatial arrangement, and compositions. These methods can be divided into two main categories: top-down and bottom-up

approaches. The top-down approach is the solid-state processing of macroscopic materials to nanophasic products. This approach includes mechanical milling, nanolithography, laser ablation, sputtering and thermal decomposition. However, the top-down approach is not suitable to make a well-controlled size and shape and may produce many crystallographic defects in the nanostructure. In contrast, the bottom-up method follows building up of nanostructures through the atom-by-atom or cluster-by-cluster or molecule-by-molecule approach. It offers nanomaterials with a uniform size, shape, fewer defects and homogeneous chemical compositions. The bottom-up approach mostly includes processes such as sol-gel, reverse micelle, chemical vapour deposition (CVD), pyrolysis, biosynthesis, microwave-assisted, and flow synthesis, and

Table 1 Nanozymes used in electrochemical sensors for biomarker detection

Nanozyme	Function	Substrate	Target	LOD	Ref.
CoFe ₂ O ₄ MNPs	A nanoelectrocatalyst for toluidine blue catalysis	Toluidine blue	microRNA (<i>i.e.</i> , microRNA-21)	0.3 fM	66
PdNPs@Fe-MOFs	Tracer indicator	TMB + H ₂ O ₂	microRNA (<i>i.e.</i> , microR-122)	0.003 fM	67
Fe ₃ O ₄ and Cu(II) complex	Fe ₃ O ₄ NPs acts as a magnetic nanocarrier. Increase of sensitivity because of the synergistic effect of the Fe ₃ O ₄ nanozyme and Cu(II) complex.	TMB + H ₂ O ₂	microRNA (microR-21)	33 aM	68
FeTCPP@MOF composites	Increased diffusion of <i>o</i> -PD permitted by the porous structure of the nanozyme	<i>o</i> -PD + H ₂ O ₂	DNA	0.48 fM	69
Au@PtNPs	Used as a trace tag	PNP + NaBH ₄	DNA	0.3 aM	70
ZrHCF MNPs	DNA can be bound to ZrHCF MNPs through the interaction from the phosphate group from DNA and Zr(IV) from ZrHCF without chemical modification.	H ₂ O ₂	DNA	0.43 fM	71
Hemin/G-quadruplex DNazyme	—	TMB + H ₂ O ₂	HBV DNA	0.5 pM	72
Mesoporous iron oxide (MIO)	MIO functionalized with 5mC antibody recognizes 5mC immobilized on SPGE	TMB + H ₂ O ₂	Global DNA methylation (5mC)	10% of methylation in genomic DNA	53
Au@NPFe ₂ O ₃ NC	Nanocarriers for target p53 from serum	TMB + H ₂ O ₂	p53 autoantibodies	0.02 U mL ⁻¹	73
Au-NPFe ₂ O ₃ NC	Direct isolation of the target protein from serum	TMB + H ₂ O ₂	p53 autoantibody	0.08 U mL ⁻¹	54
Fe ₃ O ₄ /Au@Pt	Used as a nanocarrier for natural HRP, DNazymes and aptamer. Co-catalysis for signal enhancement	Hydroquinone (HQ) + H ₂ O ₂	Cardiac troponin I (cTnI)	7.5 pg mL ⁻¹	74
Fe ₃ O ₄ @UiO-66/Cu@Au	Formation of cluster-based nanoprobe for further enhancing the detection sensitivity	HQ + H ₂ O ₂	Cardiac troponin I (cTnI)	16 pg mL ⁻¹	75
Mn ₃ O ₄ /Pd@Pt	Used for nanoprobe formation which will increase further sensitivity through loading with HRP.	HQ + H ₂ O ₂	HER2	0.08 ng mL ⁻¹	76
Pt-Cu HTBNFs	Bind to the target through the anchored detection antibody and act as a signal enhancer.	H ₂ O ₂	PSA	0.03 pg mL ⁻¹	77
Au@ZIF-8(NiPd)	Thrombin binding aptamer anchored Au@ZIF-8(NiPd) acts as a signaling probe.	H ₂ O ₂	Thrombin (TB)	15 fM	78
Au@MGN (gold-magnetic graphene nanocomposite)	Antibody functionalized Au@MGN forms a sandwich	H ₂ O ₂	Tissue polypeptide antigen	7.5 fg mL ⁻¹	79
Pt@P-MOF(Fe)	A catalyst and redox mediator to detect the telomerase activity.	H ₂ O ₂	Telomerase activity	Telomerase activity from 20 HeLa cells per mL	80
Au-NPFe ₂ O ₃ NC	Tetraspanin functionalized nanocubes were used as a dispersible capture agent for bulk exosomes	TMB + H ₂ O ₂	Exosome	10 ³ exosomes per mL	55
CuO/WO ₃ -GO	Folic acid-modified CuO/WO ₃ -GO capture cancer cells by recognizing the folate receptor results in signal attenuation.	OPD + H ₂ O ₂	Cancer cells	18 cells per mL	29
NGQD@NC@Pd HNS	Electrocatalytic reduction of H ₂ O ₂ released by cancer cells.	H ₂ O ₂	Cancer cells	—	81
CuO	The MUC-1 aptamer modified CuO nanozyme was used for selective binding to MCF-7 CTCs and catalyzing the reduction of H ₂ O ₂ for higher sensitivity	H ₂ O ₂	CTCs	27 cells per mL	58
rGO/MoS ₂ composites with Fe ₃ O ₄ NP bienzyme	Immunomagnetic beads (Fe ₃ O ₄ NPs) help in the enrichment of CTCs. The synergistic peroxidase activity of rGO/MoS ₂ and Fe ₃ O ₄ NPs for signal amplification	TMB + H ₂ O ₂	CTCs	6 cells per mL	82
Graphene Quantum Dots (GQD)	—	H ₂ O ₂	<i>Yersinia enterocolitica</i>	5 CFU mL ⁻¹ (milk), 30 CFU mL ⁻¹ (human serum)	83
Gold nanoparticles (GNPs)	The F23 aptamer leaves GNPs after interacting with <i>Pseudomonas aeruginosa</i> which ensures the revival of the peroxidase activity of GNPs	TMB	<i>Pseudomonas aeruginosa</i>	60 CFU mL ⁻¹	50
Co ₃ (PO ₄) ₂ NRs	Used as electrode materials	Superoxide anion (O ₂ ^{•-})	O ₂ ^{•-} released from cancer cells	2.25 nM	84

Table 1 (Contd.)

Nanozyme	Function	Substrate	Target	LOD	Ref.
Mn-MPSA-HCS and Mn-MPSA-HCC	Used as electrode materials	Superoxide anion ($O_2^{\cdot-}$)	$O_2^{\cdot-}$ released from cancer cells	1.25 nM	85
GS@ZIF-67	Used as electrode materials	Electrocatalytic oxidation of glucose	Glucose	0.36 μ M	86
Poly acrylic acid-coated nanoceria (PNC)	PNC catalyses TMB in the absence H_2O_2	TMB	Norepinephrine	66 nM	87
h-CuS NCs	—	TMB + H_2O_2	Glucose	—	88
Au/Co@HNCF	—	UA	UA	0.023 μ M	89

most of these processes refer to as wet chemical synthesis.^{103–105} In the following sections, we highlight the synthesis of metal oxide, metallic and carbon-based nanozymes with different sizes, shapes and morphologies using top-down and bottom-up approaches.

3.1 Synthesis of metal oxide nanozymes

Thermal decomposition (also called thermolysis) is a process where chemical bonds of a compound are subjected to dissociation through thermal energy resulting in the formation of monodispersed nanoparticles in a single step. Usually, an organometallic precursor is heated in a high-boiling point organic solvent in the presence of a suitable surfactant, such as oleic acid, 1-octadecene, 1-tetradecene or oleylamine. As an early attempt to synthesize monodispersed iron oxide nanocrystals, Park *et al.* slowly heated an iron-oleate complex in 1-octadecene at different temperatures. They observed that the temperature dependence of nucleation and growth kinetics was instrumental in the monodisperse nanocrystal formation. They also reported that metal oxide NPs (*i.e.*, Fe_2O_3 , CoO, MnO, $FeO@Fe$, and $MnFe_2O_4$) with different sizes could be synthesized by using organic solvents with high boiling points, namely 1-hexadecene and trioctylamine (*i.e.*, these solvents have the boiling point of 274 °C and 365 °C respectively). The high yield (>95%) and large scale production (40 g) are two characteristic features that have made this process state-of-the-art for nanocrystal synthesis.¹⁰⁴ Another study also supported that high temperature synthesis leads to the increase of the nanoparticle size due to the comparatively higher reactivity of the metal complex in the solvent.¹⁰⁶ However, the metal oxide NPs with nanozyme activity prepared by this method are usually smaller in size, crystalline and dispersed only in an organic solvent.

The sol-gel process for metal oxide synthesis is a wet chemistry based technique, which is accomplished at room temperature. This method is comparatively cheaper than other wet chemical methods. In this method, a sol is a stable dispersion of colloidal particles or polymers in a solvent, and a gel consists of a three-dimensional continuous network, which encloses a liquid phase. The sol-gel method involves hydrolysis and condensation of metal alkoxides, leading to the dispersion of metal oxide particles in a sol, followed by drying or gelling through solvent removal or by using a chemical reaction. This method consists of several steps, namely hydrolysis,

condensation, drying, and thermal treatment to realize the final product of metal oxide NPs.^{107–111}

Solvothermal and hydrothermal synthesis methods are other well-established wet chemical methods to produce metal-oxide NPs. These methods are carried out in an autoclave or a Parr bomb at high temperature (100 to 1000 °C) and high pressure (1 to 10 000 bar). The main difference between hydrothermal and solvothermal methods is that water is used as a precursor solvent for hydrothermal synthesis, whereas organic solvents are used in solvothermal synthesis. These methods do not require a protective gas atmosphere and refluxing conditions and are more convenient compared to the coprecipitation and thermal decomposition methods. Metal oxide NPs obtained in these methods are highly pure, selective, reproducible and crystalline. Moreover, the crystalline characteristic of the NPs can be altered by the total reaction time. For instance, it was reported that the transformation of hydrothermally produced iron oxide nanozymes from a 0D to 3D structure is time-dependent.¹⁰³ Li *et al.* applied a solvothermal reaction to synthesize metal-ion-doped (such as Sn^{4+} , Fe^{3+} , Co^{2+} , and Ni^{2+}) TiO_2 nanocomposites. The size and shape of the TiO_2 NPs were controlled by using lauryl alcohol both as a solvent and surfactant for the reaction.¹¹²

The microwave-assisted chemical synthesis process is an alternative wet chemical technique for the synthesis of metal oxides NP based nanozymes. Recent evidence suggests that this method produced NPs with a uniform size and ultrafine shape. In a conventional heating system, it is quite impossible to transfer the heat uniformly to the reactant precursor. In contrast, microwave-assisted synthesis provides uniform heating and thus reduces the reaction time by increasing the reaction kinetics. This method is safe and convenient and requires less energy for the completion of the reaction because of its fast nucleation and growth rate. Recently, several metal-oxide based nanozymes have been synthesized by using the microwave-assisted method. These include ZnO ,¹¹³ $\alpha-Fe_2O_3$,¹¹⁴ $\beta-Fe_2O_3$, Fe_3O_4 ,¹¹⁴ CuO ,¹¹⁵ Cu_2O ,¹¹⁶ Mn_3O_4 , MnO_2 ,¹¹⁷ TiO_2 ,¹¹⁸ and Co_3O_4 .¹¹⁹ It is important to note that the phase and shape of the NPs can be altered by the properties of solvents used in the method. Guru *et al.* have shown that the synthesis of iron oxide NPs by the microwave-assisted method could be drastically affected by using different glycols.¹²⁰ Three different glycols (ethylene glycol, polyethylene glycol and polypropylene glycol) with the same precursor under the same conditions

1 resulted in three NPs with different phases (Fe_3O_4 , $\alpha\text{-Fe}_2\text{O}_3$,
and $\gamma\text{-Fe}_2\text{O}_3$) and shapes (35, 29.9 and 28.2 nm).

3.2 Synthesis of metallic nanozymes

5 Metallic NPs are synthesized by a range of physical processes,
chemical reductions, and biological methods. The commonly
used physical processes for the synthesis of metallic NPs
include grinding, UV irradiation, microwave irradiation, and
10 laser ablation methods. Chemical reduction is the most widely
used technique where metal salts are reduced in the presence
of a suitable reducing agent.^{121,122} Citrate has been used as a
reducing agent for chloroauric acid and silver nitrate to syn-
thesize AuNPs and AgNPs, respectively.^{123,124} Metallic NPs pro-
15 duced by this method have a high tendency to aggregate. To
stop this tendency, stabilizing agents, such as polyvinyl
alcohol, poly(vinylpyrrolidone), bovine serum albumin (BSA),
citrate and cellulose, are mostly used in the reduction reac-
tions. The size of the NPs can be tuned by changing the ratio
20 of the stabilizing agent and the metal salt.¹²⁵ In biological
methods, non-toxic and inexpensive microbes are used to
produce a variety of metallic NPs with different sizes, shapes
and compositions. In summary, biological methods are envi-
ronmentally friendly, whereas chemical reduction methods are
25 hazardous and physical processes suffer from high energy
input.

3.3 Synthesis of carbon-based nanozymes

30 In this section, the synthesis of graphene oxide, CNTs, and
carbon nanodot based nanozymes is discussed. Graphene
oxide (GO) is a nonconductive and hydrophilic carbon nano-
material. In general, the synthesis of GO from graphite is a
two-step process.^{126,127} In the first step, graphite flakes are oxi-
dized to graphite oxide to have oxygen-containing functional
35 groups (*e.g.*, epoxy (C–O–C), hydroxyl (OH), carbonyl (C=O)
and carboxyl (R–COOH)) into the basal plane or edge of the
graphene sheet. As a result of the oxygen-containing groups,
the interlayer distance in GO expands and makes the atomic-
thick layers hydrophilic as well. In the second step, oxidized
40 layers can be subjected to exfoliation under moderate soni-
cation, resulting in the release of GO. In 1859, Brodie first syn-
thesized GO by adding potassium chlorate to a slurry of graph-
ite in the presence of fuming nitric acid.¹²⁸ This process needs
45 3 to 4 days to be completed. In 1898, Staudenmaier improved
Brodie's protocol by adding concentrated sulfuric acid and
fuming nitric acid followed by the addition of chlorate in the
reaction mixture. This method produces highly oxidized GO.
However, these two processes require a long reaction time. The
50 most widely used Hummers' method,¹²⁹ reported in 1958,
avoids this disadvantage where high-quality GO can be pro-
duced within 2 h. In this method, graphite is oxidized with
 KMnO_4 and NaNO_3 in concentrated H_2SO_4 . Notably, all three
methods produce toxic gas(es): ClO_2 (g) and/or NO_x (g), the
55 former one is explosive. Later, Tour improved the Hummers'
method by replacing NaNO_3 with the mixture of
 $9\text{H}_2\text{SO}_4:\text{H}_3\text{PO}_4$. The reaction mixture was fortified with a
doubled amount of KMnO_4 as compared to the Hummers'

method. This method does not produce any toxic gas and gen-
erates oxidized GO with a more regular carbon framework and
a larger sheet size.^{126,130–132} Over the past several years, GO
has widely been used to synthesize different hybrid nano-
5 structured materials to produce a range of GO-based nano-
zymes. For example, Ruan *et al.* synthesized GO/Fe-MOF nano-
zymes *via* mixing the negatively charged GO with the positively
charged Fe-MOF. Electrostatic interactions between GO and Fe-
MOF hold them together.¹³³ A similar phenomenon occurs in
10 the synthesis of GO–AuNP nanozymes. During the aging step
of the synthesis, gold ions were adsorbed on the surface of the
GO. This step was followed by a reduction reaction with
sodium citrate, resulting in the formation of AuNPs onto GO
(*i.e.*, GO–AuNP hybrid).⁶²

15 There are various methods for the synthesis, purifications,
dispersion, and functionalisation of CNTs.¹³⁴ These materials
offer enormous benefits in real world applications. In particu-
lar, they are attractive for use in bimolecular sensors for
environmental and health monitoring.¹³⁵ Recent evidence
20 suggests that CNT based materials possess excellent peroxi-
dase-like activities.¹³⁶ Qu *et al.* synthesised oxygenated-group-
enriched carbon nanotubes (o-CNTs) *via* a one-pot oxidation
reflux method.¹³⁷ The o-CNTs exhibited enhanced peroxidase-
like activity for the catalytic reaction over a broad pH range.
25 They were used to catalyse the formation of the hydroxyl
radical, killing bacteria efficiently and protecting the tissue
against edema and inflammation induced by bacterial infec-
tions. Among other CNT based materials, single-walled carbon
nanotubes (SWCNT) and multi-walled carbon nanotubes
30 (MWCNT) have widely been used to fabricate metal nano-
particle (Fe_3O_4 , ZnO) or GO based hybrid nanozymes.^{138–141}
Compared with their single component, these hybrid materials
offered enhanced peroxidase-like activities, presumably result-
ing from the synergetic effects of metallic nanoparticles or GO
35 and conducting CNTs (*i.e.*, SWCNTs or MWCNTs). Recently, it
has been shown that Fe_3O_4 nanoparticles loaded on GO-dis-
persed CNTs show a stronger enzyme-like activity.¹⁴⁰ To syn-
thesize this hybrid material, amphiphilic GO nanosheets
could be employed as a "surfactant" to disperse CNTs to create
40 stable GO-dispersed CNT supports in water for covalently
loading cubic Fe_3O_4 nanoparticles. Compared with the original
 Fe_3O_4 and CNT-loaded Fe_3O_4 nanoparticles, the GO/CNT-
 Fe_3O_4 particles offered enhanced peroxidase-like activities.
45 Similarly, iron containing hemin assembled with SWCNTs
showed enhanced peroxidase-like activity.¹⁴² Hemin could be
assembled on the surface of SWCNTs through non-covalent
functionalization by π – π stacking, and resulted in much higher
peroxidase-like activity than the activity of hemin alone.
50

Carbon nanodots (CDs) or carbon quantum dots (CQDs)
are a novel class of carbon nanomaterials with a size less than
10 nm but can be as small as 1 nm. These materials have com-
monly been synthesized by using top-down and bottom-up
55 approaches.^{143–147} Each approach has its own advantages and
disadvantages. Top-down approaches are widely used for the
synthesis of CDs due to the adequate amount of the raw
material, scaled-up production and smooth operation. On the

other hand, bottom-up approaches give attractive opportunities to control the particle size, shape, and properties. Recently, green synthesis of CDs has become more popular than the conventional hydrothermal, solvothermal, electrochemical, and electron-beam lithography methods that usually require toxic chemicals and a large amount of heat energy.^{144,146,147} In green synthesis, the organic precursor is replaced by biomass materials and does not require external energy supply.¹⁴⁷ It has been shown that CDs, CDQ, doped CD/graphene QDs, and CD/graphene QD nanocomposites possess peroxidase-like activity.¹⁴⁶ The design, catalytic process, property study, and biosensing application of these materials have also been discussed in the literature.^{143–147} These materials have been used in developing biomolecular sensors for the detection of many biologically and environmentally significant targets including glutathione,¹⁴⁸ glucose,¹⁴⁹ and mercury ions.¹⁵⁰

4. Nanozyme as a substitute of HRP

The enzyme-linked immunosorbent assay (ELISA) is the most routinely used technique for detecting and quantifying peptides and antigens. In ELISA, an enzyme-linked primary antibody (direct ELISA) or secondary antibody (indirect or sandwich ELISA) specifically recognizes an antigen. Until now, HRP is the most widely used enzyme reporter in ELISA. It catalyzes the oxidation of TMB in the presence of H₂O₂ to produce a colorimetric signal, and the intensity of the signal is proportional to the recognized antigen concentration. Despite having many advantages including a high substrate turnover, small size, and facile conjugation ability with other biological receptors, HRP suffers from several drawbacks. The major drawback associated with HRP is its low tolerance to many preservatives such as sodium azide that inactivates the peroxidase activity even at low concentration. It also undergoes proteolytic degradation, and its enzymatic activity is limited to a narrow range of pH and temperature.⁵ Moreover, conventional ELISA lacks sensitivity to detect ultra-low concentrations of biomolecules, especially in the early stages of diseases.¹⁵¹ To overcome these limitations, numerous nanostructured material based nanozymes including MOF based hybrid nanozymes (described above) have been developed, which are believed to be direct surrogates of HRP.⁴² For instance, Ruan *et al.* reported the third generation of 2D GO/Fe-MOF hybrid nanozymes, named the nanozyme nest, which was used in a conventional sandwich ELISA to detect the benzo[*a*]pyrene-7,8-diol 9,10-epoxide-DNA adduct (BPDE-DNA), a woodsmoke biomarker found in the blood.¹³³ This method showed enhanced sensitivity for the oxidation of TMB by the dual peroxidase active nanozyme nest (Fe-MOF and GO). The value of the Michaelis-Menten constant, K_m , (0.3599 mM for the nanozyme nest vs. 0.4072 mM for HRP) clearly revealed that the nanozyme nest offers higher TMB affinity than that of HRP. Importantly, this hybrid nanozyme reports a lower LOD value in comparison to that of HRP,

suggesting the better sensitivity of the nanozyme nest over HRP in detecting biomolecules.¹³³

The peroxidase-like activity of nanozymes can be increased *via* rational design of nanostructured materials as multifunctional nanozymes. Heteroatom doping and the sequence of doping are two effective ways to increase the peroxidase-like activity and specificity of nanozymes. For instance, up to a 100-fold increase in catalytic activity has been reported for nitrogen-doped (N-doped) reduced graphene oxide (N-rGO) nanozymes compared to reduced graphene oxide (rGO) alone.¹⁵² Density functional theory (DFT) calculation revealed that N-rGO selectively activates H₂O₂ over O₂ and [•]O₂⁻ and forms stable radical oxygen species adjacent to N-doped sites. These radical oxygen species, in turn, oxidize peroxidase substrates (*e.g.*, TMB) and offer enhanced responses. In another study, Kim *et al.* showed a 1000-fold higher catalytic efficacy (k_{cat}/K_m) of N and B co-doped reduced graphene oxide (NB-rGO) compared to that of rGO alone. The catalytic performance of this material is very similar to that of the natural HRP. They have also demonstrated that the sequence of doping of heteroatoms in the nanostructure materials could significantly affect the catalytic efficacy (k_{cat}/K_m) of nanozymes. For example, the catalytic activity of BN-rGO resulted in a ~30% lower k_{cat} compared to that of NB-rGO.¹⁵⁰ A high surface to volume ratio, and π - π and hydrophobic interactions assist NB-rGO to acquire stronger affinity towards substrates (*e.g.*, TMB) than that of HRP. Due to this property, NB-rGO nanozymes were able to detect C-reactive protein (CRP), a reliable biomarker of inflammation, tissue damage and cardiovascular disease, *via* the oxidation-dependent rapid color change of TMB within 3 minutes. In contrast, HRP-based ELISA needs at least 10 minutes. It also shows a three-times lower LOD (~5 ng mL⁻¹ of CRP) than that of HRP.¹⁵⁰

5. Applications of nanozymes in non-electrochemical assays

5.1 Lateral-flow immunodetection

The lateral-flow immunostrip (*i.e.*, nanozyme-strip), a paper-based biosensor, is considered as one of the excellent demonstrations for POC testing of biomolecular targets because of its operational simplicity, rapid analysis, naked-eye detection and low cost. Generally, lateral flow biosensors are composed of a sample pad, a conjugate pad, a nitrocellulose membrane containing test and control lines, and an absorbent pad. Many nanozymes have been integrated into this form of the assay. For example, Duan *et al.* reported a Fe₃O₄ magnetic nanoparticle (MNP) based immunochromatographic strip to detect the glycoprotein of ebolavirus (EBOV).²⁶ In this assay, the MNP conjugated detection antibody (anti-EBOV) recognizes EBOV, which in turn forms a sandwich complex with the capture antibody in the test line. After the formation of the immunocomplex, oxidation of the peroxidase substrate develops color for visual observation, indicating the presence of EBOV. Pre-processing the sample with immunomagnetic separation offered

an additional sensitivity to the EBOV analysis. Overall, this strip demonstrates a 100-fold higher sensitivity over the standard colloidal AuNP based strip with the LOD of 1 ng mL^{-1} of glycoprotein ($\approx 240 \text{ pfu mL}^{-1}$). This method requires less than half an hour²⁶ and it is sensitive enough to detect Ebola at the onset of symptoms.

Recently, a porous platinum core-shell nanocatalyst (PtNCs) based immunostrip has been developed to detect the p24 HIV capsid protein, a reliable marker for HIV diagnosis (Fig. 3). In this assay, both target specific antibody-functionalised PtNCs and orthogonally biotinylated camelid antibody fragments (nanobody-biotin) are designed to recognize the distinct regions of the target p24 protein.¹⁵³ In the presence of the test sample (*i.e.*, serum or plasma contacting p24 protein), p24 protein-bound PtNCs become biotinylated through com-

plexation with the biotinylated nanobody fragments. At the polystreptavidin-coated test line, rapid high affinity biotin-streptavidin binding enables a target dependent deposition of the biotinylated p24 protein-bound PtNC complex. PtNCs bound at the test line catalyze the oxidation of the 4-chloro-1-naphthol/3,3'-diaminobenzidine tetrahydrochloride (CN/DAB) substrate in the presence of H_2O_2 producing an insoluble black product which is clearly visible with the naked eye. This method allows the detection of acute-phase HIV in clinical human plasma samples in 20 min.

5.2. Colorimetric sensor

Colorimetric detection of an analyte has the advantage of providing a fast response (color change) to obtain visual observation (naked eye) and subsequent UV-visible quantification.

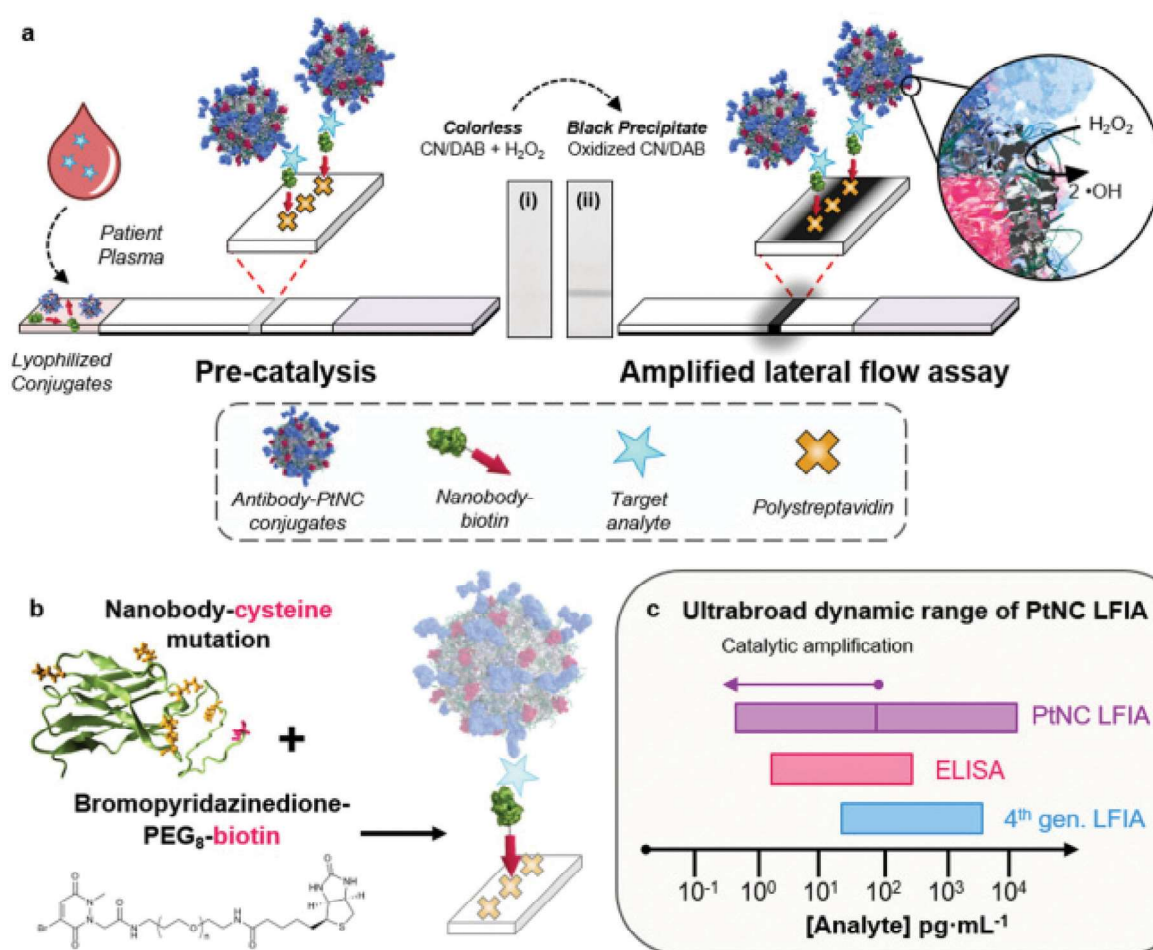


Fig. 3 (a) Schematic representation of paper based lateral flow immunoassays (LIFA). Antibody functionalized Pt nanocatalysts (PtNCs) and biotinylated nanobody fragments are mixed with the test samples (*i.e.*, plasma or serum). If the test samples contain the target p24 capsid protein, it is sandwiched between the antibody-PtNC and biotinylated nanobody fragment, forming a biotinylated complex. A lateral flow strip, composed of a nitrocellulose reaction membrane and an absorbent pad, is used to draw this complex up the strip toward a streptavidin-modified test line by capillary action. At the test line, the peroxidase-like activity of PtNCs is used to catalyze the oxidation of the CN/DAB substrate in the presence of H_2O_2 producing an insoluble black product (*i.e.*, naked-eye observation). (b) Site-selective chemical modification of a nanobody with an exposed cysteine mutation (red), where lysine residues are highlighted in orange on the structural model (left), and the cartoon of oriented elements at the streptavidin test line. (c) Comparison of dynamic ranges of 4th generation LIFA, ELISA and PtNC LIFA. Reprinted with permission from Ref (154) (<https://pubs.acs.org/doi/abs/10.1021/acs.nano.7b06229>). Copyright (2018) American Chemical Society. Further permissions related to the material excerpted should be directed to the American Chemical Society.

1 An advantage of naked-eye detection is that it can be employed
as a first-pass screening test for rapid diagnosis of diseases.
Once positive results are obtained, UV-vis or other quantity
5 measurements (*i.e.*, electrochemical detection) could be per-
formed to quantify the level and severity of diseases to deter-
mine the treatment options, a management strategy, which
could significantly reduce the cost and time associated with
the disease diagnosis and management. This feature of colori-
10 metric sensors makes it suitable for developing rapid and in-
expensive screening tools in the fields of medicine (*i.e.*, detec-
tion of disease-specific molecules, proteins, and cells), bio-
technology, and environmental sciences. As a peroxidase
mimicking nanozyme can oxidise chromogenic substrates
15 (*e.g.*, TMB, ABTS, and OPD) and produce a color in the pres-
ence of H₂O₂, it can directly detect H₂O₂ or other H₂O₂ produ-
cing substrates (*e.g.*, glucose).

The peroxidase-like activity of both the iron oxide nano-
composites (*e.g.*, PDDA coated Fe₃O₄ MNPs,¹⁵⁴ mesoporous
20 silica encapsulated Fe₃O₄ MNPs,¹⁵⁵ Fe₃O₄-GO composites,¹⁵⁶
CeO₂-coated hollow Fe₃O₄ nanocomposites¹⁵⁷) and iron-con-
taining nanomaterials (*e.g.*, assembling hemin in ZIF-8¹⁸) have
widely been used for glucose detection. In all the cases, these
materials were combined with GOx and the synergistic effect
25 of these two enzymes was the key factor in achieving high sen-
sitivity and superior analytical performance in biomolecular
sensing. Again, the sensitivity of glucose detection can also be
increased by introducing pores to iron oxide nanoparticles as
it increases the effective catalytic surface area and exposes the
30 metal ions to the surface. For instance, Masud *et al.* detected a
glucose concentration as low as 0.9 μM with the mesoporous
iron oxide (γ-Fe₂O₃), which is ten-times more sensitive than
that of the assay with ZIF-8 (NiPd) nanoflowers.¹⁵⁸ In addition
to porosity, the oxidation state of the metal could also influ-
35 ence the nanozyme activity. The LaNiO₃ perovskite with Ni³⁺
demonstrated a 58-fold and 22-fold higher peroxidase activity
than that of a perovskite with Ni²⁺ (*e.g.*, NiO nanoparticles)
and Ni⁰ (*e.g.*, Ni nanoparticles) oxidation states, respectively.
In addition to porosity, the oxidation state could influence the
40 activity of nanozymes. A LaNiO₃ perovskite with Ni³⁺ demon-
strated a 58-fold and 22-fold higher peroxidase activity than
that of nanoparticles with Ni²⁺ (*e.g.*, NiO nanoparticles) and Ni⁰
(*e.g.*, Ni nanoparticles) oxidation states, respectively. The
superior activity of these nanozymes facilitated the colori-
45 metric assays of H₂O₂, glucose, and sarcosine.¹⁵⁹ However, as
described by Wang *et al.*, the occupancy of the e_g orbitals of
the central metal ions may affect the peroxidase-like activity of
the perovskite nanozyme.¹⁶⁰

50 In recent years, nanozymes have also been used in the col-
orimetric detection of DNA methylation,¹⁶¹ a potential epige-
netic biomarker. Shiddiky's group has developed a unique
method for detecting DNA methylation using the peroxidase-
like activity of the mesoporous iron oxides.⁵³ In this assay, the
55 target DNA samples were extracted and denatured prior to
their adsorption onto the surface of a bare screen-printed gold
electrode (SPGE) *via* the gold-DNA affinity interaction.
5-Methyl cytosine antibody (5mC) functionalized mesoporous

1 iron oxide nanozymes were then used to recognise the methyl
cytosine groups present on the SPGE. The nanozymes catalyze
the TMB in the presence of H₂O₂ to give the colorimetric (*i.e.*,
naked-eye observation) and electrochemical quantification of
5 the methylation level. The assay could successfully detect as
low as 10% difference of global DNA methylation level in syn-
thetic samples and cell lines with good reproducibility and
specificity (% RSD = <5%, for n = 3).

Modulation of the peroxidase-like activity of nanozymes *via*
10 interacting with molecules and ions present in biological
systems can be used to detect biomolecular targets. Shah *et al.*
used the interaction of AuNP nanozymes with ATP, ADP, car-
bonate, sulphate and phosphate ions and the resultant peroxi-
dase-like activity was calculated.¹⁶² It was shown that com-
15 pared to ADP, phosphate, sulphate and carbonate ions, the
incorporation of ATP in the system could significantly enhance
the nanozyme activity of AuNP nanozymes. In contrast, surface
passivation of citrate-capped AuNPs with the DNA aptamer
inhibits the peroxidase substrate to reach the AuNP surface,
20 thereby attenuating their nanozyme activity. However, when
the aptamer binds to its specific targets, it leaves the AuNP
surface and reactivates the nanozyme activity. Based on this
phenomenon, Weerathunge *et al.* used a AuNP-aptamer trans-
ducer to detect murine norovirus with a detection limit of 3
25 viruses (~30 viruses per mL) within 10 min.²¹ As the method
can be used for other aptamers (*i.e.*, it is not limited to any
specific aptamers), this AuNP nanozyme-based sensor can be
adopted for the detection of other viruses.

5.3 Fluorescence sensor

A fluorescence sensor consists of the emission of light by a
material (fluorophore) after being excited at lower wavelengths
and the intensity (or lifetime) of that emission varies with the
35 concentration of the target analyte.¹⁶³ In this type of sensor,
the nanozyme converts a non-fluorescent substrate into a
fluorescently active one by catalysing the hydrolysis or oxi-
dation reaction. For instance, it was reported that iron and
nitrogen-incorporated CNTs that were grown *in situ* on 3D
40 porous carbon foam (denoted as Fe-Phen-CFs) possess a per-
oxidase-like activity, which could oxidise terephthalic acid (TA)
to the fluorescent product of hydroxyl terephthalate (HTA) in
the presence of H₂O₂ and can be used as a unique strategy for
fluorescence detection of H₂O₂.¹⁶⁴ However, similar to other
45 peroxidase-mimicking nanozymes, Fe-Phen-CFs need to be
coupled with GOx. The method showed excellent sensitivity
towards the detection of H₂O₂ and glucose with a detection
limit of 68 nM and 0.19 mM, respectively.

50 In recent years, a ratiometric fluorescence sensor has
gained popularity because of its built-in self-calibration for
signal correction, enabling more reliable detection. It also
enables more accurate imaging contrast, which often leads to
higher detection sensitivity. Ratiometric fluorescence sensors
55 can effectively overcome most of the issues associated with
false positive results in traditional fluorescence sensing by
introducing another fluorescence emission band to achieve
ratiometric signal readouts.^{165,166} Very recently, this sensor

has been used for the detection of H_2O_2 and glucose. Briefly, the peroxidase-like activity of ruthenium ion/carbon nitride ($\text{Ru}-\text{C}_3\text{N}_4$) nanosheets catalyse OPD to fluorescent DAB which exhibits emission at 565 nm. Meanwhile, fluorescence emission at 455 nm by $\text{Ru}-\text{C}_3\text{N}_4$ decreases or quenches due to the inner filter effect of the generated DAB. *Via* this method, an excellent sensitivity and selectivity to serum glucose in the presence of common interferents were obtained.¹⁶⁶

6. Applications of nanozyme-based electrochemical biosensors

An electrochemical biosensor provides a suitable platform that facilitates the formation of a probe–target complex (*i.e.*, a specific recognition event) in such a way that the binding event triggers a useable signal for electrochemical readout.¹⁶⁷ Over the past several decades, electrochemical biosensors have successfully been used in detecting a range of molecular and cellular biomarkers in the fields of biomedical, biotechnology, and environmental sciences. Most importantly, the electrochemical detection system is amenable to miniaturization and offers other advantages such as simplicity, cost-effective nature, and high sensitivity and specificity.¹⁶⁸ As shown in Fig. 4, biorecognition and signal transduction are two critical elements in the fabrication of electrochemical biosensors, and nanozymes have played an essential role in this regard.

6.1 Genosensor

Detection of specific nucleic acid (DNA or RNA) sequences has proved their utility in molecular diagnostics, pathogen detec-

tion and nanomedicine (nanoscience and nanotechnology) applications in life and health sciences. It is known that many malignant diseases (*e.g.*, cancer) and pathogenic infections present their signature nucleic acid markers (*e.g.*, circulating tumor DNA, microRNA) in the peripheral circulatory system which can be used as diagnostics, prognostics and therapeutic markers.^{169,170} The concentration of these circulating biomarkers in the peripheral blood or other bodily fluids (saliva, urine, *etc.*) is extremely low at the early stages of diseases.¹⁷⁰ Therefore, highly sensitive and specific analysis/detection methods are required. To achieve this goal, the nanozyme-based catalytic signal amplification strategy for nucleic acid detection is one of the promising options.

In electrochemical nucleic acid biosensors, the sensitivity can easily be enhanced *via* incorporating a catalytic hairpin assembly (CHA) combined with nanozyme label-based redox cycling signal amplification. As outlined by Hun *et al.*, CHA was used to form a double stranded DNA on a AuNP modified electrode.⁷⁰ Initially, hairpin H1 was immobilized onto AuNP modified gold electrodes and in the presence of the target DNA, the stem–loop structure of H1 opened due to binding to the target DNA and formed a double strand product with 21 base hybridization. This triggered the opening of the second hairpin and formed partially complementary dsDNA with 39 base hybridization. This step released the target DNA which could be recycled and used for opening another H1. In the second step, a DNA probe functionalized Au@PtNP nanocatalyst was hybridized with the electrode attached DNA. Au@PtNPs can catalyze the reduction of *p*-nitrophenol (PNP) to *p*-aminophenol (PAP) in the presence of NaBH_4 . The generated PAP was electrooxidized to *p*-quinone imine (PQI) with

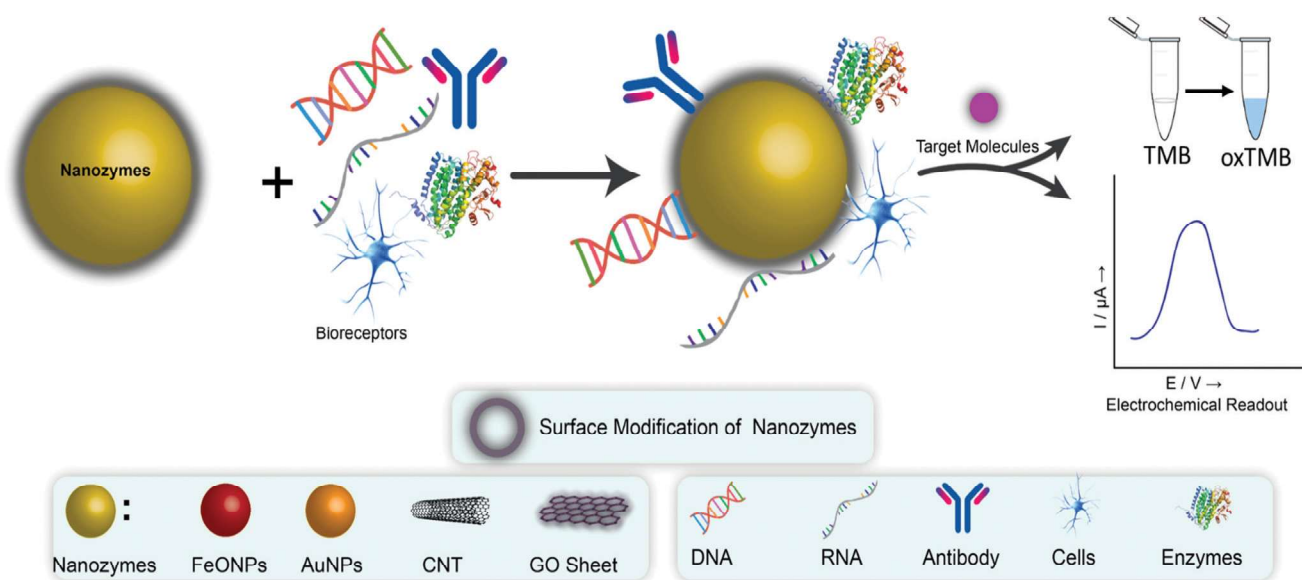


Fig. 4 Schematic representation of the nanozyme's catalytic activities and its application in the electrochemical biosensor. Nanozymes can be functionalized with a range of receptor probes (*e.g.*, complementary capture probes for DNA and RNA targets, antibodies for proteins, *etc.*) by conventional surface modification procedures. The probe-functionalized nanozymes can capture the targets (*e.g.*, pathogens, cancer cells, exosomes, nucleic acids) *via* the specific interaction between nanozyme-bound probes and targets. The nanozyme-attached targets can then be quantified electrochemically or optically (*i.e.*, naked eye and UV-visible) *via* an ELISA-type sandwich immunoassay or sandwich hybridization method.

ferrocenecarboxylic acid (FCA) in the solution. The produced PQI was then reduced back to PAP by NaBH_4 , leading to the redox cycling between PAP and PQI. As a result, an enhanced electrochemical response was produced which allows one to achieve a high sensitivity with 3-orders of magnitude higher than that of AuNP labels alone. This sensor was able to detect as low as 0.3 aM DNA. In another strategy, Ling *et al.* reported an electrochemical DNA quantification method based on the nanozyme activity of the MOF nanostructure and the allosteric switch of hairpin DNA (Fig. 5).⁶⁹ Initially, a glassy carbon electrode was functionalized with the streptavidin (SA) aptamer sequence of a hairpin DNA. Due to its loop structure, electrode-bound hairpin DNA is inaccessible to SA attached conjugates. Upon the addition of target DNA, the loop bound to the target sequence and unfolded the stem of hairpin DNA, making it accessible for SA attached conjugates to form a structure with the combinative SA aptamer. The surface-bound activated DNA selectively bound with the SA coated FeTCPP@MOF *via* a specific interaction between the SA-aptamer and SA. The nanozyme activity of FeTCPP@MOF was then used to catalyse the oxidation of *o*-phenylenediamine (*o*-PD) in the presence of H_2O_2 . This assay demonstrates a good performance for the detection of DNA with a LOD down to 0.48 fM, a 6-order magnitude linear range, a single mismatch

differentiation ability, and practical application in complex samples. This study opens up a new direction of functionalized MOFs as nanozymes for signal transduction in electrochemical biosensing and shows better enzymatic activities due to their natural enzyme-like metal center and porous nanostructure.

MicroRNAs (miRNAs) are small (~17–25 nucleotides long), single-stranded noncoding RNA molecules that suppress the expression of protein-coding genes by translational repression, messenger RNA degradation, or both and are involved in early events in disease progression.^{172,173} In recent years, circulating miRNAs and exosomal miRNAs (*exo*-miRNA) have been used as diagnostic and prognostic markers for a range of diseases, including cancer.^{174–177} Quantitative real-time PCR (q-PCR), reverse transcription polymerase chain reaction (qRT-PCR), *in situ* hybridization, northern blotting, RNA-seq analysis, microarray, and next-generation sequencing are some of the techniques that have been widely used for the quantification of RNA markers in bodily fluids. These techniques are particularly suitable for biomarker discovery, and none of these techniques serves the purpose of on-site or POC detection.¹⁷⁸ In contrast, the nanozyme based electrochemical miRNA sensor provides rapid analysis along with adequate sensitivity. Li *et al.* developed a miRNA sensor to detect miRNA-122,⁶⁷ a biomarker

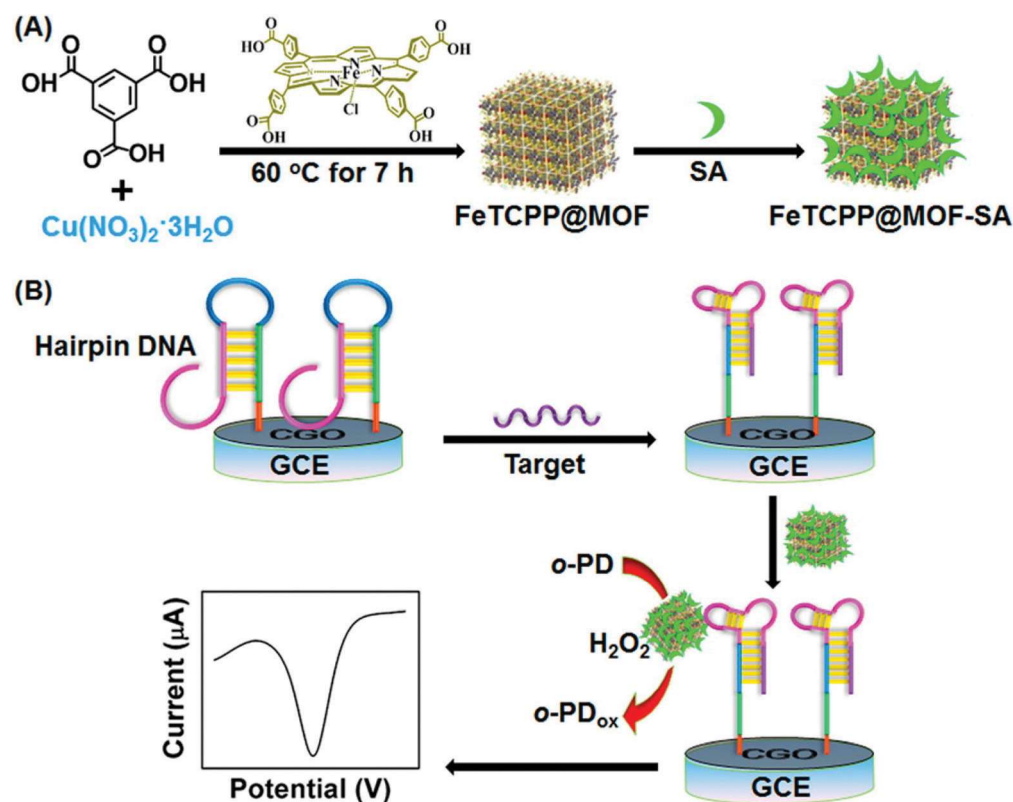


Fig. 5 (A) Synthesis of FeTCPP@MOF nanozymes followed by covalent coupling with streptavidin (SA) to form the FeTCPP@MOF-SA composite and (B) target binding initiates the allosteric switch of the hairpin probe allows FeTCPP@MOF-SA to recognize the probe and *o*-PD oxidation provides the electrochemical signal. Reprinted with permission from ref. 69 (DOI:10.1021/acs.analchem.5b00001). Copyright (2015) American Chemical Society.

of drug-induced liver injury. The nanozyme activity of palladium nanoparticle based MOF nanohybrids was used. The nanohybrid enzymes were utilized both as nanocarriers to immobilize a large amount of biotin-labeled signal probes (H2) and as tracers to quickly catalyze the oxidation of TMB in the presence of H₂O₂. The target miR-122 was sandwiched between the tracers and electrode-bound thiolated capture probes (H1). With the help of the target-catalyzed hairpin assembly (TCHA), target miR-122 triggered the hybridization of H1 and H2 for further release to initiate the next reaction process resulting in numerous tracers anchored onto the sensing interfaces. Due to dual signal amplification (e.g., target induced signal amplification and TMB oxidation by the tracer indicator PdNPs@Fe-MOF), this method could detect miRNA-122 as low as 0.003 fM in human serum.⁶⁷

6.2 Cytosensor

Circulating tumor cells (CTCs) have emerged as a valuable tool that can provide mechanistic insights into the tumor heterogeneity, clonal evolution, and stochastic events within the metastatic cascade. They are regarded as one of the most promising biomarkers for early diagnosis of cancer.¹⁷⁹ As a general strategy of CTC detection, antibody- or aptamer-anchored (for aptasensors see section 6.4) nanoprobe are designed to target abnormal and/or overexpressed cell surface receptors (proteins) or other cell surface components, including glycans, folic acid, and sialic acid.^{170,179} However, the low abundance (1–10 CTCs for 1 billion of blood cells)¹⁷⁹ and inherent fragility of CTCs pose great challenges for CTC detection. To enhance the sensitivity of CTC analysis, Tian *et al.* have developed an ultrasensitive electrochemical sensor using a reduced graphene oxide/molybdenum disulfide (rGO/MoS₂) composite modified magnetic glassy carbon electrode (MGCE) as a detector, and aptamer modified magnetic Fe₃O₄NPs as dispersible capture agents.⁸² Cancer cells were attached with the aptamer modified Fe₃O₄NPs *via* the aptamer–antigen interaction. The cell-attached conjugates were then magnetically attached onto the rGO/MoS₂ composite-modified electrode. An enhanced electrochemical signal was achieved due to the nanozyme catalytic oxidation of TMB on rGO/MoS₂ composites with the Fe₃O₄NP binanozyme surface. The method was able to detect 6 MCF-7 cells per mL which showed significant improvement from their previous report with the rGO/AuNP modified GCE and the MUC-1 aptamer modified CuO nanozyme (LOD 27 cells per mL).⁵⁸ Very recently, Alizadeh *et al.* proposed a “signal-off” strategy to detect cancer cells. CuO/WO₃ nanoparticle decorated graphene oxide nanosheets (CuO/WO₃-GO) were modified with folic acid (FA), and were then absorbed on cancer cells *via* a folic acid targeting ligand. In this strategy, the peroxidase like-activity of CuO/WO₃-GO was used to oxidise *o*-phenylenediamine in the presence of H₂O₂. During the interaction between cells and CuO/WO₃-GO, some amount of H₂O₂–OPD system participated in a chemical reaction and removed from the electrode, resulting in a decrease in the response signal. Using this principle, the authors successfully achieved a detection limit of 18 cells per mL.²⁹

6.3 Immunosensor

The basis of electrochemical immunosensors is the non-covalent interaction between an antigen and antibody to form a sandwich-type architecture on the electrode surface. In a conventional system, an enzyme-labelled antibody or antigen amplifies the immune-capture event that can be quantified by voltammetric or amperometric readout methods.^{170,180} In this regard, successful conjugation of the antibody or antigen with an enzyme is crucial. However, most of the standard conjugation, separation and purification methods for enzyme-conjugated antibodies or antigens suffer from expensive, time consuming, multistep and laborious procedures. For example, during the conjugation of the antibody with the nanozyme, nearly all nanozyme labelled antibodies settle down through centrifugation at a relatively lower RPM, which adds an extra degree of complexity to the immunosensor fabrication process. Nanozyme–antibody conjugation can be achieved *via* either electrostatic interactions between them or chemical reactions between the carboxylic acid (–COOH) or amine (–NH₂) groups of functionalized nanozymes with the –NH₂ acid –COOH groups of the antibody. For instance, it was reported that the –NH₂ groups of secondary antibodies (Ab₂) electrostatically interacted with Au@Pt (Au–N and Pt–N) of Co₃O₄@CeO₂-Au@Pt nanozymes and were used as labels in a sandwich-type electrochemical immunosensor to detect the squamous cell carcinoma antigen. This sensor showcased an excellent sensitivity due to the surface area for Ab₂ immobilization and the synergic effect of the Co₃O₄@CeO₂-Au@Pt nanozyme towards H₂O₂ reduction. This assay offered a LOD of 33 fg mL^{–1}.¹⁸¹ Wei *et al.* also published a similar approach for the quantitative detection of the hepatitis B surface antigen using MoS₂@Cu₂O-Pt nanozymes.¹⁸²

Although nanozyme-based sensors are well known for amplifying the readout signals (*i.e.*, “signal-on”), they can equally be useful in generating a noticeable change in electrochemical response in “signal-off” sandwich immunosensing strategies. This method generally involves a nanozyme catalyzed chemical reaction that forms a nonconducting precipitate on the electrode surface. The precipitate blocks the working area of the electrode and thus hinders the electron transfer reaction between the solution-phase electroactive species and the electrode. In some cases, the precipitate may reduce the concentration of the electroactive species (see section 6.2). For instance, Zhang *et al.* developed a “signal-off” sandwich immunosensor to detect α -fetoprotein. After the successful immune-recognition of FeS₂-AuNPs-Ab₂ on the electrode surface, FeS₂-AuNP nanozymes catalyze 4-chloro-1-naphthol in the presence of H₂O₂ to form insoluble precipitation. Thus, a reduced differential pulse voltammetric response of electroactive nickel hexacyanoferrate nanoparticles (NiHCFNPs) was observed.¹⁸³

Recently Shiddiky's group has developed an immunosensor to detect the p53 autoantibody in serum and highlighted that the method could be adopted for virtually any type of protein biomarker.⁵⁴ In this method, the surface of a new class of

nanozymes, gold-loaded nanoporous Fe_2O_3 nanocubes (Au-NP $\text{Fe}_2\text{O}_3\text{NC}$), was modified with IgG and was used as labels in the sandwich immunodetection of autoantibodies. As shown in Fig. 6, a biotinylated p53 antigen was attached to a neutravidin-modified screen-printed carbon electrode *via* the biotin-neutravidin affinity interaction. This electrode was then incubated with the serum sample to capture the target p53 autoantibody present within the sample. The IgG/Au-NP $\text{Fe}_2\text{O}_3\text{NC}$ is used to recognize electrode-bound autoantibodies. The nanozyme activity of IgG/Au-NP $\text{Fe}_2\text{O}_3\text{NC}$ was to adopt an ELISA-based sensing protocol where the oxidation of TMB in the presence of hydrogen peroxide was mimicked to generate coloured complexes for naked-eye observation and electrochemical detection of target autoantibodies. The electrochemical quantification has been carried out using a new screen-printed electrode. The most attractive feature of this sensor is that the high surface area and enhanced nanozyme activity of the Au-NP $\text{Fe}_2\text{O}_3\text{NC}$ offer enhanced sensitivity (*i.e.*, LOD of 0.08 U mL^{-1}) in the immunodetection of autoantibodies in biological fluids. Although this sensitivity is enough to detect the p53 autoantibody in the clinical sample, it cannot obsolete the HRP based sensor having a LOD of 0.02 U mL^{-1} , previously reported by the same group.^{54,73}

The nanozyme activity of Au-NP $\text{Fe}_2\text{O}_3\text{NCs}$ has been used to develop a simple method for direct isolation and subsequent detection of a specific population of exosomes.⁵⁵ In this

method, the Au-NP $\text{Fe}_2\text{O}_3\text{NCs}$ were initially functionalized with a generic exosome-associated antibody (*i.e.*, CD63) and dispersed in the target samples where they work as “dispersible nanocarriers” to capture the bulk population of exosomes. After magnetic collection and purification, Au-NP $\text{Fe}_2\text{O}_3\text{NC}$ -bound exosomes were transferred to the disease-specific antibody-modified electrode. As a proof of principle, they used a specific placental marker, placenta alkaline phosphatase (PLAP), to detect exosomes secreted from placental cells. The nanozyme activity of Au-NP $\text{Fe}_2\text{O}_3\text{NC}$ was then used to accomplish a naked-eye observation along with UV-visible and electrochemical detection of PLAP-specific exosomes present in placental cell-conditioned media. They showed an excellent agreement in analytical performance for their methods using with and without the commercial “total exosome isolation kit”-based pre-isolation step.

Shiddiky's group also developed another class of mesoporous iron oxide materials and demonstrated their nanozyme activity in the immune detection of DNA methylation.⁵³ In this method, the target DNA was first extracted and denatured to get ssDNA followed by direct adsorption onto the surface of a bare screen-printed gold electrode. 5-Methylcytosine antibody (5mC) functionalized mesoporous iron oxide materials were then used to recognize the methyl cytosine groups present on the electrode. The nanozyme-5mC conjugates catalyse the TMB solution to give the naked-eye observation and electro-

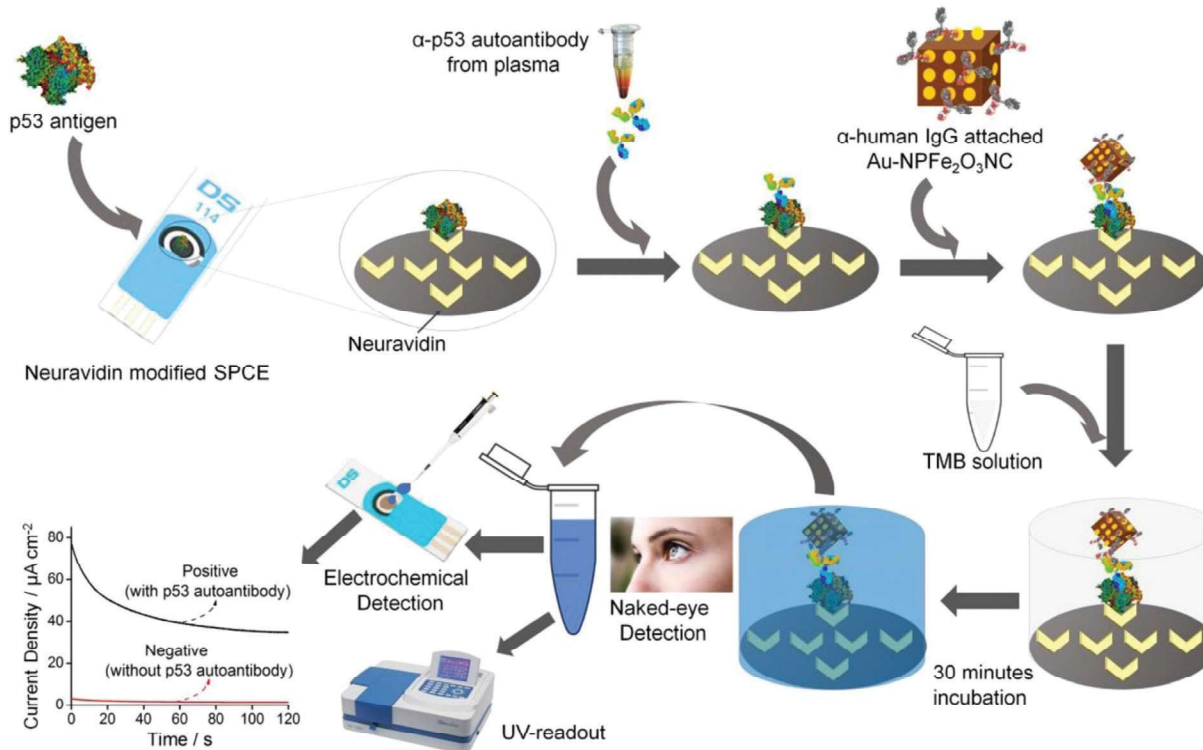


Fig. 6 Schematic representation of naked eye and electrochemical detection of the p53 autoantibody where target recognition and electrochemical measurement are operated in two separated electrodes. Reprinted with permission from ref. 54 (DOI:10.1021/acs.analchem.5b00001). Copyright (2017) American Chemical Society.

chemical detection of DNA methylation. The assay successfully detected as low as 10% difference in the global DNA methylation level in synthetic samples and cell lines with good reproducibility and specificity. This strategy avoids the use of HRP, traditional PCR based amplification and bisulfite treatment steps that are generally used in many conventional DNA methylation assays.

6.4 Aptasensor

Aptamers are ssDNA or RNA molecules synthesized by SELEX (systematized exponentially enriched ligands) with a unique two- or three-dimensional structure that binds to a specific target molecule.¹⁸⁴ Due to their strong affinity (*i.e.*, high specificity to the target), small size, excellent stability, and flexibility in modification, aptamers become a strong competitor of antibodies.^{21,50,185} In recent years, nanozyme conjugated aptamers have been used for detecting whole cells,⁵⁸ pathogens,⁵⁰ and proteins.^{75,76,79} Sun *et al.* developed a method to detect cardiac troponin I (cTnI), a gold standard marker for acute myocardial infarction (AMI) found in the bloodstream, where nanozymes were used for catalytic signal enhancement. This sensor was fabricated by immobilizing nanotetrahedron (NTH) based dual aptamers (Tro4 and Tro6) on the screen-printed gold electrode.⁷⁵ After binding of target (cTnI) aptamer modified $\text{Fe}_3\text{O}_4@ \text{UiO}-66/\text{Cu}@ \text{Au}$ (nanoprobe-1), it was dispensed on the electrode surface to form a super-sandwich-like structure. Nanoprobe-1 could oxidize HQ in the presence of H_2O_2

through multiple nanozyme activities attributed to $\text{Fe}_3\text{O}_4@ \text{UiO}-66$ and $\text{Cu}@ \text{Au}$ (Fig. 7). Additionally, attachment of super-sandwich and cDNA (complementary to aptamers) modified $\text{Cu}@ \text{Au}$ through hybridization forms a cluster-based nanoprobe, which could further increase the catalytically active sites for the $\text{HQ}/\text{H}_2\text{O}_2$ system, resulting in a more sensitive catalytic response.⁷⁵ A more sensitive electrochemical assay for the detection of cTnI was fabricated using co-catalysis of magnetic Fe_3O_4 nanocarriers loaded with natural HRP, $\text{Au}@ \text{Pt}$ nanozyme and G-quadruplex/hemin DNAzyme (7.5 vs. 16 pg mL^{-1}).⁷⁴ In both the cases, NTH helps to maintain precise orientation of aptamers on the sensing surfaces, providing a native-like microenvironment for cTnI binding.

Recently, gold nanozyme based aptasensors have been developed for detection of pathogens.²¹ In 2019, Bansal's group developed an electrochemical sensor for the detection of the *Pseudomonas aeruginosa* (PA) bacterial pathogen using the nanozyme activity of AuNPs and the high affinity and specificity of a PA-specific aptamer (F23).⁵⁰ The presence of an aptamer inhibits the inherent peroxidase-like activity of GNPs by simple adsorption onto the surface of GNPs. In the presence of target pathogens, the aptamer leaves the AuNP surface, allowing them to resume their peroxidase-like activity, resulting in the oxidation of TMB at the screen-printed carbon electrode. The method is sensitive to detect PA with a LOD of $\sim 60 \text{ CFU mL}^{-1}$ in water within 10 min. The authors envisaged

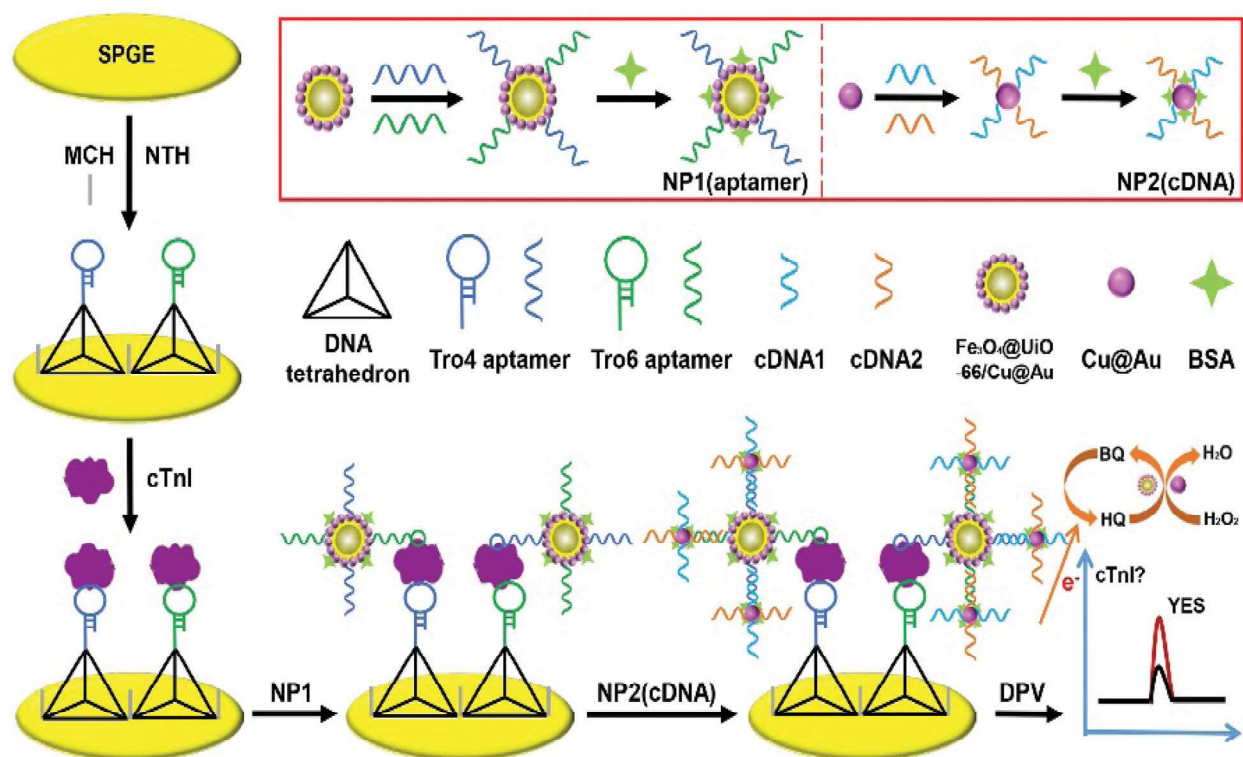


Fig. 7 Schematic representation of the layer-by-layer (LBL) assembly of the nonenzymatic nanoprobe NP1 (aptamer) and NP2 (cDNA) and the NTH-assisted dual-aptamer based electrochemical sensor for detection of cTnI. Reprinted from ref. 75 (DOI:10.1016/j.bios.2019.03.049), Scheme 1, Copyright (2019), with permission from Elsevier.

1 that this assay might become a generic platform to detect
2 other molecular and cellular analytes.

6.5 Small molecule detection

5 Small molecules include heavy metal ions and low molecular
weight organic compounds such as drugs, toxins (e.g., ochra-
toxin A), pesticides, antibiotics (e.g., kanamycin A), amino
acids (e.g., biothiols: cysteine, glutathione), intermediate of
10 sugars (e.g., glucose), lipids (e.g., cholesterol), second messen-
gers (e.g., cAMP, cGMP), metabolites of cellular respiration
(e.g., lactate) etc.^{186–189} Some of these molecules are essential
biomarkers for many diseases. Thus, measuring the concen-
15 tration of a given small molecule in bodily fluids (i.e. whole
blood, serum, urine, saliva, tear, and sweat) is an effective way
to diagnose a disease. For example, the blood glucose level is
an indicator of diabetes: hyperglycemia and
hypoglycemia,^{190,191} and the blood lactate level can predict
multiple system organ failure (MSOF) caused by septic
20 shock¹⁹² and ischemia and inadequate oxygenation.¹⁹³ Over
the years, a number of enzyme-mimicking nanostructured
materials^{188,193–204} have been used for the detection of
glucose,^{194–197,202,203} lactate,^{193,198,199,204} uric acids,²⁰⁰ kanamy-
cin,¹⁸⁸ and arsenate.²⁰¹ In this section, nanozyme based
25 electrochemical sensors for glucose detection are briefly
discussed.

The majority of electrochemical glucose sensors worked
based on the direct enzymatic oxidation of H₂O₂ at the GOx-
modified electrode. This design commonly suffers from the
interference of ascorbic acid (AA), uric acid (UA), 4-acetamino-
phen (AP) and other electroactive species present in the blood.
This problem can be avoided by using the enzymatic reduction
of H₂O₂ at relatively low potential. Gao *et al.* developed a
30 glucose sensor based on the co-immobilizing of Prussian blue
(PB) and GOx on TiO₂ nanotube arrays (TiNTs).²⁰³ In this
assay, PB reduced H₂O₂ at relatively low potential. The sensor
demonstrated not only high selectivity to glucose, but also a
fast response (1 s) and broad dynamic range (0.01 to 0.70 mM)
with a detection limit of 3.2 mM. Recently, Shiddiky's group
40 reported a dual-mode (colorimetric and electrochemical)
glucose sensor, where the peroxidase-mimicking activity of
mesoporous Fe₂O₃ nanozymes was used to catalyse the oxi-
dation of TMB in the presence of *in situ* enzymatically pro-
duced H₂O₂. Both the colorimetric (naked-eye and UV-vis) and
45 electrochemical assays estimated the glucose concentration to
be in the linear range from 1.0 μM to 100 μM with a detection
limit of 1.0 μM.¹⁹⁴

7. Applications of nanozymes in microfluidic assays

55 Microfluidics is a science and technology of handling and
precise controlling of the sub-milliliter volume of fluids in
micrometre-scale platforms.^{205,206} There are several formats of
microfluidics, including continuous-flow microfluidics, paper-
based microfluidics (also known as microfluidic paper-based

analytical devices (μPADs)), digital and droplet-based
1 microfluidics.^{207,208} The synergistic combination of these
formats of microfluidics with biosensors can increase the sen-
sitivity, selectivity and portability, while decreasing the LOD
and overall footprint of such analytical devices.^{209,210} 5
Moreover, integrated, microfluidic biosensors can realise the
real-time and multianalyte detection of various biomarkers.

Nanozymes have also been used in such microfluidic bio-
sensors that function mainly based on colorimetric, fluo-
rescent and electrochemical detection methods. One of the
early works in this field was based on a versatile microfluidic
device, termed a multiplexed volumetric bar-chart chip
(V-Chip).²¹¹ The V-Chip efficiently measured the oxygen gas
10 produced as a result of decomposition of hydrogen peroxide in
the presence of PtNPs.²¹² Combined with the ELISA technique,
it was shown that the V-Chip could efficiently detect cancer
biomarkers both in serum and on the cell surface. Later, this
microfluidic chip was integrated with a target-responsive
15 hydrogel containing Au@PtNPs for quantitative POC
testings.²¹³ 20

Nanozyme-based colorimetric μPADs are also accessible,
cost-effective and relatively simple analytical platforms that
have an excellent commercialization capability in this field.
Such analytical devices can be integrated with off-the-shelf
25 equipment such as smartphones for further processing the
analytical signals. For instance, Han *et al.* incorporated AuNPs
in a μPAD to colorimetrically detect mercury ions (Hg²⁺) in
water samples. The intensity of the colorimetric detection cor-
related well with the efficient reaction of Au–Hg facilitated by
30 gold NPs in the fabricated μPAD. Using a MOF as a peroxidase
mimic to oxidase TMB in the presence of H₂O₂, a colorimetric
μPAD-based biosensor was also developed for glucose monitor-
ing.²¹⁴ The μPAD could also be integrated with a smartphone
35 for quantitative analysis of the generated color. Zhang *et al.*
used modified carbon nitride nanozymes for colorimetric
detection of glucose.²¹⁵ Using a microfluidic device for real-
time monitoring, their developed microfluidic platform with
metal-free nanozymes could detect glucose with a LOD as low
40 as 0.8 μM within 30 seconds.

Through incorporating zeolitic imidazolate framework
(ZIF-8) based nanozymes in an I-shaped microfluidic channel
and using a fluorescence detection technique, Cheng *et al.* real-
45 ized an *in vivo*, real-time, continuous biosensor platform.²¹⁶
To sensitively detect the secreted hydrogen peroxide from
single cells, a droplet-based microfluidic platform has also
been developed in the literature.²¹⁷ A high fluorescence signal
generated with the hybridization of HRP with gold nano-
50 clusters trapped in a 4.2 nL droplet led to the sensitive detec-
tion of H₂O₂.

A rapid and efficient microfluidic-based nanozyme-
mediated electrochemical detection device for targeted genetic
analysis was developed by Koo *et al.*²¹⁸ The authors fabricated
55 an electrode-patterned microfluidic chip with one central lysis
chamber and four amplification chambers. The surface of the
amplification chambers was immobilized with superpara-
magnetic iron oxide NPs to detect circulating tumor nucleic

acids (ctNA) in the urine and blood of patients with prostate cancer. An electrochemical-based microfluidic POC device for real-time detection of H₂O₂ was also fabricated.²¹⁹ It was shown that a stable biosensor with tremendous peroxidase-like catalytic activity and a LOD as low as 1.62 μM can be realized by immobilization of gold and platinum NPs with GO inside a hydrogel microbead.

8. Challenges in nanozyme-based electrochemical biosensors and potential solutions

Although nanozyme-based electrochemical biosensors are promising platforms for detecting various analytes of interest quickly and reliably, they suffer from the combined technical and clinical challenges associated with both nanozymes and electrochemical biosensors.

8.1 Technical challenges associated with nanozymes

8.1.1 Limited enzyme-mimicking activities of nanozymes. One of the major issues of nanozymes that need continuous improvement is their enzyme-mimicking activities. To this aim, synthesizing more robust nanozymes that better exhibit the properties of natural enzymes are in demand. In particular, the current advances in nanotechnology, artificial intelligence and computational chemistry can significantly improve the oxidoreductase activity of nanozymes for electrochemical detection.

8.1.2 Low specificity of nanozymes. The inherently low specificity of nanozymes is another limitation of nanozymes. Unlike natural enzymes, nanozymes lack precise binding sites to interact with a substrate appropriately. This issue of lacking the substrate-binding sites significantly affects the specificity of nanozymes; thus, modification/engineering of the nanozymes is required to improve their specificity. Moreover, high specificity is critically important in biomolecular sensing for various biomedical applications, especially for disease diagnosis and monitoring. As such, nanozymes with highly improved specificity need to be used in electrochemical biosensors for disease detection.

8.1.3 Low catalytic activities of nanozymes. Another inherent problem of nanozymes is their relatively low catalytic activities compared to those of natural enzymes. The relatively low catalytic activities of nanozymes significantly compromise their bioconjugation. This limitation can be addressed by using molecularly imprinted polymers (MIPs) on nanozymes²²⁰ as well as synthesizing the so-called integrated nanozymes.³⁸ MIPs improve the specificity and catalytic activity through generating binding sites on the substrate by polymerization. In INAZymes, the natural enzymes are combined with nanozymes in a 3D network structure to improve the selectivity and catalytic activity. Among various 3D network structures required to fabricate such a hybrid enzyme-mimicking nanomaterial, MOFs hold great promise.²²¹ Using MIP- or MOF-

based hybrid nanozymes in electrochemical biosensors can significantly improve the selectivity of the system.

8.1.4 Poor reproducibility of nanozymes. The poor reproducibility of nanozymes is a significant problem that potentially hinders the widespread application of nanozyme-based electrochemical biosensors. This issue mainly arises for two reasons. Firstly, small-scale synthesis in the individual lab does not guarantee the size, shape, and porosity of nanoparticle from different batches, leading to activity changes. Secondly, bioconjugation between the recognition element and nanozyme is highly subjective and depends on an individual's expertise and considerations. Therefore, essential efforts need to be taken for the industrial production and standardization of effective bioconjugation protocols.

8.2 Clinical challenges associated with nanozyme-based electrochemical biosensors

8.2.1 False-positive results in clinical samples. The conductivity and catalytic activity of nanozymes can significantly improve the sensitivity of electrochemical biosensors. Nevertheless, clinical samples, such as patients' blood and urine, contain complex biological matrices, including thousands of unwanted proteins, cells, lipids and nucleic acids. These complex biological matrices can be adsorbed nonspecifically on the surface of the electrochemical sensors and eventually lead to a false-positive result. As such, the surface of the electrochemical sensor needs to be coated with nonspecific binding agents such as bovine serum albumin (BSA) and polyethylene glycol (PEG). Moreover, the aggregation of nanozymes can also interfere with the signal transduction, thus reducing the specificity of the biosensor. To address this issue, it is recommended that the solution containing nanozymes be kept away from UV sources and reactive oxygen species (ROS)-rich environments. Finally, a specific recognition probe such as an aptamer-nanozyme probe can be implemented into the detection device to improve the specificity of the device.

8.2.2 Biofouling. Biofouling of the electrode surface is a significant clinical challenge that can hinder nanozyme-based electrochemical biosensors for clinical applications. The problem of biofouling of the electrodes is more highlighted when electrochemical biosensors are being used for detecting disease-specific biomarkers in bodily fluids. Since the electrodes are in direct contact with bodily fluids such as blood, urine, plasma, or serum, unwanted cells, proteins, and other biomolecules may attach to the electrode surfaces *via* a non-specific interaction. This can adversely affect the specificity and decrease the signal-to-noise ratio. To address this problem, the surface of the electrode needs to be coated with anti-fouling materials such as zwitterionic polymers, peptides, and polyethylene glycol.²²²

8.2.3 Lack of standard protocols for synthesis and bioconjugation. Although nanozymes are highly versatile, stable, and inexpensive, their synthesizing methods may differ from one lab to another. Also, the fabrication techniques of nanozymes are highly subjective, and the bioconjugation process may depend on individuals' skills. As such, nanozyme-based

1 electrochemical biosensors may suffer from poor reproducibility, which is a crucial factor affecting their acceptance for real clinical settings. Therefore, this field can significantly benefit from standardization and automation. In this regard, the integration of these systems with the microfluidic technology can be highly beneficial and has the potential to address these limitations. For instance, the synthesizing methods of nanozymes and the bioconjugation process involve many steps of mixing, washing, and separation. These steps are usually performed using rotating lab shakers and centrifuge machines whose durations mainly differ from one lab to another. On the other hand, mixing and separation in microfluidic devices are highly efficient and can be efficiently streamlined.²²³

15 **8.2.4 Lack of an automated nanozyme-based electrochemical biosensing platform for point-of-care testing.** To address the issue of automation of nanozyme-based electrochemical biosensors for POC testing and disease detection, it would be highly required to integrate the whole process of isolation, separation, and detection of the pathogenic targets on the same device. This concept is closely related to lab-on-a-chip or micro total analysis systems that are currently being practised for many chronic diseases such as cancer²²⁴ and autoimmune disorders.²²⁵

9. Concluding remarks and future perspectives

30 The last decade witnessed an overwhelming surge in research about nanozymes and expansion of their applications to biomedical sensing, therapeutics, and environmental engineering. Herein, we summarize the representative enzyme mimics and plausible catalytic mechanism, and a particular focus has been given to the recent updates in nanozyme based electrochemical detection of clinically relevant biomarkers (*e.g.*, DNA, miRNA, protein, and CTCs). Dynamic progress in this field endows nanozymes with enormous functionalities such as nanocarriers, robust catalytic behaviour, probe immobilizers, conductive surface modifiers and signal generators or tracer tags. Until now, few nanozymes have shown catalytic activity as natural counterparts, but the majority manifest moderate to low activity. Although heteroatom doping, composite or bimetal formation may increase the activity significantly, the improvement in substrate selectivity remains low. On the other hand, molecular imprinting or surface modifications improve molecular recognition and substrate selectivity sacrificing activity. In this direction, a better understanding of structure-activity relationships, the rational design of nanomaterials, experimental and computational studies are pivotal to elucidate the catalytic mechanism and impart maximum activity and selectivity at the same time or balancing them for a particular application.

35 One of the critical issues is the multi-enzymatic property, which has been proved to be useful in therapeutic purposes. Still, how this could be beneficial to design and fabricate solid-state immunoassays (ELISA, LFIA) and electrochemical

1 sensors is not properly addressed. Moreover, over the years, most of the sensors have utilized HRP-mimicking nanomaterials. Thus, the majority of nanozymes have remained unexplored. The development of multifunctional nanozymes could be a challenging and interesting topic for the coming days. Besides catalysis, specific physicochemical properties such as magnetic, optical, or thermal properties would capacitate enzyme mimics to be realized for ultra-sensitive and user-friendly detection of a biomolecule from complex body fluids.

10 Finally, the combination of this field with microfluidics can streamline many tedious and highly-subjective processes of synthesis and bioconjugation. For instance, replacing the laboratory shakers and centrifuge machines with efficient micro-mixers and microfluidic-based particle separation devices can facilitate the automation and standardization of this field. Moreover, integrating the whole process of isolation separation and detection of the pathogenic targets on a single chip can revolutionize the applications of nanozyme-based electrochemical biosensors for disease diagnosis and monitoring of the therapy effectiveness.

Abbreviations

ABTS	2,2'-Azino-bis-3(ethylbenzthiazoline-6-sulfonic acid)	
Au@PtNPs	Gold core/platinum shell nanoparticles	
BPDE	Benzo[<i>a</i>]pyrene-7,8-diol 9,10-epoxide	30
CHA	Catalytic hairpin assembly	
ctDNA	Circulating tumor deoxyribonucleic acid	
CNTs	Carbon nanotubes	
DAB	3,3'-Diaminobenzidine	
DNC	Dextran-coated nanoceria	35
dsDNA	Double-stranded deoxyribonucleic acid	
EBOV	Ebolavirus	
ELISA	Enzyme-linked immunosorbent assay	
FCA	Ferrocene carboxylic acid	
GO	Graphene oxide	40
GOx	Glucose oxidase	
GPx	Glutathione peroxidase	
HRP	Horseradish peroxidase	
IONPs	Iron oxide nanoparticles	
IONzyme	Iron oxide nanozyme	45
LFBS	Lateral flow biosensors	
LFIA	Lateral flow immunochromatographic assays	
MNP	Magnetic nanoparticle	
MOFs	Metal-organic frameworks	
NPs	Nanoparticles	50
OPD	<i>o</i> -Phenylenediamine dihydrochloride	
PAP	<i>p</i> -Aminophenol	
PB	Prussian blue	
PQI	<i>p</i> -Quinone imine	55
PNP	<i>p</i> -Nitrophenol	
PtNCs	Platinum nanocatalysts	
POC	Point-of-care	
rGO	Reduced graphene oxide	

1	SOD	Superoxide dismutase
	ssDNA	Single-stranded deoxyribonucleic acid
	TEP	Triethylphosphite
	TMB	3,3',5,5'-Tetramethylbenzidine
5	TTMPP	Tris(2,4,6-trimethoxyphenyl)phosphine

Conflicts of interest

10 **Q6** ■■■■

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